

Cyclone Relief and Other Buddhist Relief Mission Activities

January 2026 – Happy New Year!



On January 18, Ven. Nanda invited five monks to a dana to share merit with all the victims of the disaster. Lily prepared rice and curries, and we offered some chocolate-oatmeal bars.

Why the Cyclone was so Disastrous
Earliest signals of the unusual weather unfolded as early as November 21 with many regions across Sri Lanka reporting rainfall exceeding 100 millimetres. Ditwah originating as a low-pressure system near the coast on 26th November, rapidly intensified into a cyclonic storm by 27th November, crawling over land at 3-8 km/hour leading to a concentrated rainfall. Professor of hydrology and agrogeophysics at Memorial University in Canada, Lakshman Galagedara's calculations revealed approximately 13 billion cubic metres (m³) of rainfall in a 24-hour period, amounting to 150,463 m³ every second during the height of the storm. He highlighted this extraordinary scale of rainfall of Ditwah in Sri Lanka (65,610 Km²) equalling a massive 2.32 m³/second/ Km², by comparing with the discharge of the Amazon River (7 million Km²) equating to 0.032 m³/second/Km².
(From "Cyclone Ditwah: An Overlooked Environmental Tragedy," *Daily Mirror*, January 20, 2026)

The Sri Lanka Cancer Society has provided a great deal of relief aid, clothing, used and new, bedding, toiletries, and food to more than two hundred people whose homes were destroyed and who are now staying in a monastery in Nuwara Eliya and to many tea-estate workers. Buddhist Relief Mission was happy to take part in these projects.



Full-moon day meditation at the Methasevana youth rehabilitation center, BRM provided lunch.



https://www.paypal.com/donate/?hosted_button_id=E4PWEKXHBG55G
Donations may also be made

in Sri Lanka via:
Commercial Bank,
Anniwatte Branch
A/C 8254001210
Kenneth Kawasaki

in the U.S. via:
River Bank & Trust
Buddhist Relief Mission
A/C 262527856
ABA Code: 062206567

In case of a bank deposit, please send donor's name and the amount of the donation by SMS or WhatsApp to +94-77-964-9292 or by email to buddhist@brelief.org

For international bank transfer, please send a request for instructions.

Life's most persistent and urgent question is, "What are you doing for others?" –Martin Luther King, Jr.



Jagath has arranged for donating school supplies to poor students and dry rations to many families.



Buddhist Relief Mission
www.brelief.org – buddhist@brelief.org
☎ and WhatsApp: +94-77-964-9292

On Lookkandura Estate, Sri Lanka's first tea plantation, The Sri Lanka Cancer Society-Kandy Branch is constructing temporary, but sturdy, shelters for families whose homes were destroyed. Each shelter costs only about 175,000 rupees (\$580). Buddhist Relief Mission is also contributing to this project.