

# Offering Lunch to the Hungry in Downtown Kandy



Buddhist Relief Mission has provided funding for Miracle Church, which every Friday distributes hundreds of prepared lunches to the homeless and poor citizens, mostly the aged, on the streets of Kandy. Recently, the number of elderly citizens on the streets, hoping for food, has greatly increased. Periodically, particularly at festival-times, the authorities move poor people outside the downtown area so that they do not “disturb” tourists and visitors. Many of the needy are handicapped, and that makes the happiness of helping even greater!



The Buddha said: “If beings knew, as I know, the results of sharing gifts, they would not enjoy their use without sharing them with others, nor would the taint of stinginess obsess the heart and stay there. Even if it were their last morsel of food, they would not enjoy it, without sharing it, if there were anyone to receive it.”



## The Homeless and the Elderly are Very Vulnerable

Sri Lanka is facing its worst economic crisis in 70 years. The country is experiencing exponential inflation, and the prices of consumer goods are going through the roof. In a one-month period, food inflation increased from 57.4% to a staggering 80.1%.

This situation has been compounded by a high dependence on imports for essential food, fuel and pharmaceutical items. Because of the collapsing economy, the supply of such goods has become very limited and extremely rationed.

Everyone, including older people, must wait long hours in uncomfortable conditions to obtain essentials like cooking gas, kerosene oil, fuel, and even the most basic food items.

Furthermore, hospitals can no longer obtain imported medical equipment and essential drugs, especially those meant for non-communicable diseases, which mostly affect people in their old age.

Adapted from <<https://www.helpage.org/news/the-struggle-for-survival-faced-by-sri-lankas-senior-citizens/>>



Your donations will help Buddhist Relief Mission provide food, medicine, and other essentials to individuals, families, students, monastics, and institutions in Sri Lanka during this economic crisis. Thank you for your generous support!

**Sadhu! Sadhu!! Sadhu!!!**



Donations may also be made

in Sri Lanka via:  
Commercial Bank  
Anniwatte Branch  
Kenneth Kawasaki  
A/C 8254001210

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ABA Code: 062206567

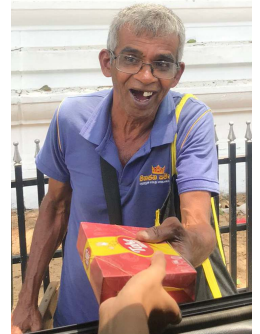
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in the U.K., contact Ewen Arnold at <[ewenarnold@gmail.com](mailto:ewenarnold@gmail.com)> for bank information

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**Buddhist Relief Mission**

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