 arrived and helped clear the way. The group reached Kandy about midnight. families and institutions with food, medicine, and other essentials during the

Sadhu! Sadhu!! Sadhu!!! for your generosity! Thank you!


Buddhist Relief Mission
www.brelief.org - buddhistiabrelicf.org

## Delivering Food Parcels to Families on a Tea Estate in Kandapola

On November 18, Buddhist Relief Mission delivered parcels of food to 125 families in Kandapola, a village on a tea estate near Nuwara Eliya. The delegation, consisting of Lily, her family, and several members of the Ayappa Society, left Kandy at five o'clock in the morning. The mountain road is quite treacherous, but the group arrived in Kandapola at about nine-thirty. After a brief ceremony at the Hindu temple, the parcels were distributed in the auditorium. As has been the pattern for the last few weeks, it began raining heavily in the late afternoon. On the return trip, in the pouring rain and the darkness, the van had to proceed very slowly. At one point, the road was blocked by large trees which had fallen, both in front of and behnd the van. After about two hours, the police

This distribution was part of BRM's ongoing program of providing needy economic crisis in Sri Lanka. The program depends on continued donations.
 coconut oil, and a cloth bag containing

| potatoes | chilli pieces |
| :--- | :--- |
| onions | curry powder |
| dhal | salt |
| garlic | dry soy meat |
| sugar | dried fish |
| flour | chocolate cookies |
| tea | laundry soap |
| chilli powder | hand soap |

This is about one week's worth of staples.
...t the living standards of 80 percent of the households in Sri Lanka have
been adversely offected, while the bottom 40 percent may have been
plunged into dire poverty due to inflation which acts as an insidious tax on
people's incomes. ...
... according to the Department of Census and Statistics an estate sector
family earns approximately Rs. 46,865 [USS 146]- a month (around a fourth
of the cash needed to feed a family of four).
Our people have been pauperised, they can nol longer afford to provide their
children sufficient food. Our children are malnourished, anemic and their
development retarded.
-From an Editorial in The Daily Mirror, November 6, 2023
<https://www.paypal.com/
donate/?hosted_button_id
=E4PWEKXHBḠ55G>

Donations may also be made
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Anniwatte Branch
Kenneth Kawasaki

in the U.K., contact [ewenarnold@gmail.com](mailto:ewenarnold@gmail.com) for bank details
In case of a bank deposit, please send donor's name, the amount, and "Sri Lankan Relief" by SMS or WhatsApp to +94-77-964-9292 or by email to [buddhist@brelief.org](mailto:buddhist@brelief.org).

For donation by international electronic transfer by bank, please send a request to [buddhist@brelief.org](mailto:buddhist@brelief.org) for instructions.


