


# Celebrating with Dana and Distributing Food



As part of the celebration of the birthdays and wedding anniversary of Ken and Visakha, during this economic and food crisis in Sri Lanka, Buddhist Relief Mission offered lunch twice to monks and nuns. We also contributed to the Miracle Church in Kandy for a distribution of lunch packets and water to the needy. In honor of Ashoka's brother-in-law who died when he fell into a well, we distributed parcels of dry rations to families in Katugastota.

Our project of distributing food to families and institutions will continue as long as funds permit. We are extremely grateful to our supporters who have sent many generous donations.

May you receive all blessings. May the devas protect you. By the power of the Buddha, the Dhamma, and the Sangha, may you enjoy well-being!

 [PayPal Donate Now](https://www.paypal.com/donate/?hosted_button_id=E4PWEKXHBG55G) [https://www.paypal.com/donate/?hosted\\_button\\_id=E4PWEKXHBG55G](https://www.paypal.com/donate/?hosted_button_id=E4PWEKXHBG55G)  
Donations may also be made:

in Sri Lanka via: Commercial Bank, Anniwatte Branch, Kandy A/C 8254001210 Kenneth Kawasaki  
in the U.S. via: River Bank & Trust Buddhist Relief Mission A/C 0290500969 ABA Code: 062206567

in the U.K., contact Ewen Arnold at [ewenarnold@gmail.com](mailto:ewenarnold@gmail.com) for bank information

In case of a bank deposit, please send donor's name, the amount, and "Sri Lankan Relief" by SMS or WhatsApp to +94-77-964-9292 or by email to [buddhist@brelief.org](mailto:buddhist@brelief.org).

For donation by international electronic transfer by bank, please send a request to [buddhist@brelief.org](mailto:buddhist@brelief.org) for financial instructions.

## The Guardian

August 15, 2023  
Betsy Reed  
Editor, Guardian US

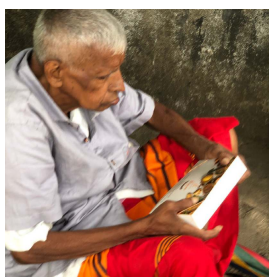


### No milk, no eggs, small hope: fears rise for Sri Lanka's malnourished children

Last year's economic crash and political upheaval are being felt all over Sri Lanka as worsening nutrition levels take a toll on children's health. Since independence from Britain in 1948, Sri Lanka has rolled out several welfare programmes to boost food security, but Abner Daniel, a nutrition expert at Unicef Sri Lanka says: "The progress made in recent decades seems to have now washed off." The crumbling economy, poor agricultural planning and falling buying power have made 6 million people, nearly 30% of the country's population, food insecure. A survey by LinneAsia, a Colombo-based policy research institute, estimates that more than 4 million people have fallen into poverty in Sri Lanka since 2019, pushing the poverty rate up to 31%.

<https://www.theguardian.com/global-development/2023/aug/15/no-milk-no-eggs-small-hope-fears-rise-for-sri-lankas-malnourished-children>

Sylvia's birthday was also in August. BRM contributed to the *dana* she and Indrajith offered in Wattegama



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